

## A comparative study of bisantrene given by two dose schedules in patients with metastatic breast cancer\*’ \*\*

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**Summary.** Schedule dependency of bisantrene was evaluated in refractory metastatic breast cancer. Patients were randomly assigned to receive either a single (S) bolus injection of 300 mg/m<sup>2</sup> (37 patients) or an injection of 80 mg/m<sup>2</sup> daily for 5 days (D $\times$ 5) (35 patients) every 3–4 weeks after stratification by performance status, dominant disease site, and response to prior doxorubicin therapy. All but one patient had received prior doxorubicin. Partial remission (PR) was achieved by 5 of 35 patients (14%) in the S arm and 7 of 35 patients (20%) in the D $\times$ 5 arm ( $P$ =NS). There were 4 patients who had primary refractoriness to doxorubicin but responded to bisantrene. The median number of courses was two for both arms. The median time to progression was 5 months for the responders in each arm and 3 and 4 months, respectively, for patients who showed no change in the S and D $\times$ 5 arms. Myelosuppression was dose-limiting and greater for the D $\times$ 5 arm. Drug fever (34% versus 21% of courses;  $P$ =0.02) and myalgia (22% versus 10% of courses;  $P$ =0.02) were reported more often in the D $\times$ 5 arm; malaise was greater in the S arm. Grade 2–3 nausea and vomiting occurred more often in the S arm (40% versus 10% of courses;  $P$ <0.01). Significant hypotension that was not symptomatic occurred in 1 patient in the D $\times$ 5 arm. Phlebitis occurred in 3 patients without a central line. One patient who had previously received doxorubicin and mitomycin C developed heart failure, which was controlled with medication. Bisantrene is an effective drug for metastatic breast cancer that has incomplete cross resistance to doxorubicin, and there was no schedule dependency in this study.

### Introduction

Bisantrene is a synthetic anthracene derivative formulated to be as efficacious as doxorubicin, but without cardiotoxicity [5, 23]. Preclinical studies in murine tumor systems and in vitro sensitivity testing against human tumor clonogenic cells demonstrated activity in many cancers, including breast cancer [7, 14, 25]. In comparative studies of

equitoxic doses of doxorubicin or bisantrene administered to beagle dogs, cardiomyopathy developed in all dogs receiving doxorubicin, but in none receiving bisantrene [5]. While the exact mechanism of action of bisantrene is not known, its tricyclic, planar, electron-rich structure suggests it intercalates DNA. Bisantrene inhibits <sup>3</sup>H-uridine incorporation into RNA and <sup>3</sup>H-thymidine incorporation into DNA more effectively than doxorubicin. Cytotoxicity is not cell cycle phase specific [5]. Pharmacokinetic studies in patients given 260–300 mg/m<sup>2</sup> over 1–2 h showed triphasic plasma disappearance curves with a terminal half-life of 44 h. Less than 7% of the drug was excreted in the urine [1]. Greater than 60% of bisantrene was bound to plasma proteins, and biliary excretion was observed. Enterohepatic circulation was postulated [18].

Phase I trials explored three schedules: a single (S) i.v. injection on day 1 repeated every 21–28 days, a daily i.v. injection on days 1–5 (D $\times$ 5) repeated every 28 days, and a weekly i.v. injection in weeks 1–3, repeated every 5 weeks [1, 6, 23, 26, 29]. In five phase II studies in patients with metastatic breast cancer, bisantrene was given by an S schedule at a dose of 250–300 mg/m<sup>2</sup>. Partial remission (PR) occurred in 4%–22% of patients. Granulocytopenia was the dose-limiting toxicity, but anaphylaxis and phlebitis caused termination of therapy in a minority. Drug fever and hypotension were infrequent [4, 9, 20, 21, 30]. In the phase II study using the D $\times$ 5 schedule bisantrene was given at a dose of 60 mg/m<sup>2</sup> per day for 5 days [6].

In the phase I trial the total dose of bisantrene administered in each course with the D $\times$ 5 schedule was greater than that given by the S schedule. However, few patients received more than two courses [23]. Our experience with vinblastine suggested that dose and schedule were critical determinants of response and toxicity [10, 28, 31]. On the basis of these data and the information from the previously mentioned early trials, a comparative study of two schedules and doses was designed to determine which schedule was more effective and less toxic.

### Material and methods

Between June 1982 and February 1983, 76 patients with refractory metastatic breast cancer were entered in this study. Patients had a Zubrod performance status  $\leq$ 3; a life expectancy of 8 weeks or greater; and had not received chemotherapy, hormonal therapy or radiotherapy for at

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least 3 weeks. Patients were required to have measurable lesions which could be evaluated for antitumor effect, adequate bone marrow function (defined as a peripheral absolute granulocyte count of  $\geq 2000/\text{mm}^3$  and a platelet count of  $\geq 100000/\text{mm}^3$ ) unless cytopenias were caused by tumor, adequate renal function (defined as a serum creatinine of  $< 2.5 \text{ mg/dl}$ ), and adequate hepatic function (defined as a bilirubin of  $\leq 2 \text{ mg/dl}$ ) unless hepatic dysfunction was caused by tumor, in which case a bilirubin of  $\leq 5 \text{ mg/dl}$  was acceptable. Patients who had received cumulative doses of  $\geq 350 \text{ mg/m}^2$  doxorubicin were required to have a left ventricular ejection fraction (EF)  $\geq 0.50$  as measured by echocardiography or gated radionuclide cardiac scan. If there was a history of congestive heart failure at any time during the administration of prior chemotherapy, despite an adequate EF, an endomyocardial biopsy was performed. Biopsies were graded on a modified Billingham scale [15]. A biopsy score  $< 1.5$ , signifying the absence of myofibrillar necrosis, was required for entry. Pretreatment evaluation included a complete history, physical examination, complete blood count with differential count, chemistry profile, serum carcinoembryonic antigen assay, and documentation of all measurable disease with chest X-ray, bone X-rays and scans, and liver scans, ultrasound, or computed tomography as appropriate. Physical examination and review of blood work was done every 3–4 weeks. Selective X-rays and scans were performed after every two to three courses, to evaluate tumor response. Evaluation of left ventricular function was repeated after every four courses of therapy. Written informed consent approved by the Institutional Review Board was obtained from all patients.

All patients were stratified by performance status, number of organ sites involved, dominant disease site, prior response to doxorubicin combination chemotherapy (responders or nonresponders), and menopausal status. Matching patients were randomly allocated to receive either the S schedule or the D  $\times$  5 schedule. Treatments were repeated every 21 days or whenever the absolute granulocyte count was  $1500/\text{mm}^3$  or more and the platelet count was  $\geq 100000/\text{mm}^3$  or more. The S treatment consisted of  $300 \text{ mg/m}^2$  bisantrene in 1000 ml D5W administered over 2 h. Patients with bilirubin  $\geq 2$  but  $\leq 5 \text{ mg/dl}$ , and patients with poor bone marrow reserve caused by prior therapy (poor risk), were given  $250 \text{ mg/m}^2$ . The D  $\times$  5 treatment consisted of  $80 \text{ mg/m}^2$  bisantrene in 500 ml D5W over 2 h on days 1–5 of each treatment cycle. Poor-risk patients received  $60 \text{ mg/m}^2$  bisantrene daily. Doses in subsequent courses were modified by 20% to maintain a lowest recorded granulocyte count of  $\geq 500$  and  $\leq 1000/\text{mm}^3$  and a platelet count of  $\geq 50000$  and  $\leq 100000/\text{mm}^3$ . The occurrence of infection or hemorrhage during a period of cytopenia required a 20% dose reduction. Toxicities were graded according to standard WHO criteria [17]. Blood pressure and pulse were monitored immediately before treatment, at 5 min after the start of the infusion, then every 15 min during infusion and at 30 and 60 min after completion of the infusion.

Standard UICC definitions of response categories were used [11]. Time to response (TTR) was defined as the interval from initiation of therapy until first evidence of response. Time to progression (TTP) was defined as the interval from the start of therapy until the first evidence of progressive disease. Statistical analyses of the results in

each group were performed by chi-square tests or Mann-Whitney tests, as appropriate, for categorical or continuous variables, respectively.

## Results

In all, 39 patients were entered in the S and 37 in the D  $\times$  5 arms. Two patients in each arm were not evaluable for response. One patient failed to return after the second course of therapy. One patient did not receive the drug. One patient developed aspiration pneumonia on day 9 of the first course of treatment and died on day 16. One patient received concomitant treatment with prednisone and megestrol acetate. Patient characteristics are noted in Table 1. The two arms were statistically similar with respect to age, disease-free interval, menopausal status, estrogen receptor status, median number of prior chemotherapy treatments, response to prior doxorubicin therapy, cumulative dose of prior doxorubicin, number of disease sites, dominant sites of disease, and performance status. The median number of courses for each arm was two. No patient attained CR. There were 5 (14%) patients in the S arm and 7 (20%) patients in the D  $\times$  5 arm for whom PR was recorded. No change was seen in 8 (22%) and 5 (14%) patients in the S

**Table 1.** Patient characteristics

	Single	Daily $\times$ 5
Number entered	39	37
Number evaluable for response	37	35
Median age (year)	50	51
Range	28–70	36–68
Median time disease-free (mo)	23	14
Range	0–101	0–94
Percent premenopausal	32	29
ER status (%)		
Positive	30	23
Unknown	27	31
Median no. of prior chemotherapies	3	3
Range	1–6	1–6
No. of pts treated with hormones	23	25
Median no. of prior hormone therapies	1	2
Range	1–3	1–4
% of pts with prior doxorubicin (Dox)	97	100
% OR with Dox	36	50
% NC with Dox	39	31
% PD with Dox	11	11
% with Dox as adjuvant only	14	11
Median dose of prior Dox ( $\text{mg/m}^2$ )	370	440
Range	100–857	90–750
Median no of disease sites	2	2
Range	1–5	1–5
% Pts with dominant disease		
Visceral	67	54
Osseous	22	31
Soft tissue	11	20
Median Zubrod performance status	2	1
Range	0–3	0–3

Both arms statistically comparable (Mann-Whitney or chi-square tests as appropriate)

OR, objective response; NC, no change; PD, progressive disease

**Table 2.** Non-hematologic toxicity

	Single	Daily × 5	P
Nausea/vomiting			
% Grade 0–1	60	90	<0.01
% Grade 2–3	40	10	
Stomatitis grade 2+ (%)	6	2	
Diarrhea (%)	2	10	
Hemorrhage (%)	1	0	
Drug fever			
% Grade 1	5	18	0.02
% Grade 2–3	16	16	
Malaise grade 2–3 (%)	37	15	<0.01
Myalgia grade 2–3 (%)	10	22	
Phlebitis (No. of pts) <sup>a</sup>	1	2	
% Courses with neutropenia and Fever	2	6	
Infection	2	3	
% Courses without neutropenia			
With fever	2	0.7	
With infection	5	6	

<sup>a</sup> Did not have central venous catheter

and D × 5 arms, respectively. These results were not significantly different. The median TTP was 5 months for the responders in each arm and 3 and 4 months, respectively, for patients who showed no change in the S and D × 5 arms. The median TTR was 2 and 3½ months for the S and D × 5 arms. Objective responses to bisantrene were seen in 4 patients who had shown primary refractoriness to prior doxorubicin and in 5 patients who had developed secondary resistance to doxorubicin.

Nonhematologic toxicity is shown in Table 2. Nausea and vomiting were the most common side effects and were more severe in the S arm, as was malaise. Drug fever and myalgia were more common in the D × 5 arm, but occurred in less than one-third of the courses. One patient discontinued therapy because of myalgias. Three patients who did not have central venous catheters experienced serious phlebitis. Infectious complications were infrequent in either arm. Of 133 courses given according to the S schedule and 127 courses given according to the D × 5 schedule, only 2 and 4 courses, respectively, were complicated by documented infections during neutropenia and only 3 and 7 courses, respectively, resulted in a fever of unknown source during neutropenia. One patient experienced fatal hemorrhage from a known peptic ulcer when the platelet count was 27 000/mm<sup>3</sup>.

While most patients experienced an increase in pulse rate and a decrease in blood pressure, this was rarely symptomatic or serious. There was no evidence of a daily cumulative decrease in blood pressure in the D × 5 arm. In one patient in the D × 5 arm, bisantrene was discontinued when the blood pressure decreased from 100/70 to 80/46 mm Hg at 45 min after initiation of the infusion. Fluids were given i.v. and the blood pressure returned to the baseline within 5 min. The patient had no other symptoms and bisantrene was infused on the following day.

Congestive heart failure occurred in two patients in the S arm. However, direct bisantrene cardiotoxicity was

**Table 3.** Hematologic toxicity

Lowest recorded granulocyte count (/mm <sup>3</sup> × 10 <sup>3</sup> )	Course number			
	1	2	3	6
Single range	600 33–1736	601 3–3355	728 320–1372	288 64–855
Daily × 5 range	168 0–1125	233 0–1428	321 5–980	287 94–308
Platelet count (/mm <sup>3</sup> × 10 <sup>3</sup> )				
Single range	146 18–399	189 19–375	188 91–284	112 70–240
Daily × 5 range	159 12–324	138 39–357	157 84–354	120 86–258
Number of pts w/ data				
Single	33	24	12	5
Daily × 5	31	26	10	3
Median dose bisantrene				
Single	300	300	376	384
Daily × 5	400	340	300	324

\*  $P < 0.01$ ; \*\*  $P = 0.01$

plausible only in one patient. The other patient experienced a subendocardial myocardial infarction resulting from hypotension caused by sepsis. She had received only 700 mg/m<sup>2</sup> bisantrene. The first patient had previously received 750 mg/m<sup>2</sup> doxorubicin, 300 mg/m<sup>2</sup> of which was administered by continuous infusion with 13 mg/m<sup>2</sup> mitomycin C. One year before treatment with bisantrene, she had developed congestive heart failure and been given digoxin. Before treatment with bisantrene, the EF was 0.65 and a transvenous endomyocardial biopsy of the septum showed grade 0.5 changes [28]. After six courses (2400 mg/m<sup>2</sup>) of bisantrene, the patient developed shortness of breath. The EF was 0.46 at rest and 0.47 with exercise. No further bisantrene was given and the EF was 0.60 when measured 5 months later.

Granulocytopenia was dose-limiting and more severe for the D × 5 arm, which received 33% more drug (Table 3). More than half the patients on the D × 5 arm experienced grade 4 leukopenia, as against a median of grade 3 leukopenia on the S arm. Dose reduction was required in the D × 5 arm while doses were increased in some patients in the S arm.

## Discussion

These data confirm our previous results that bisantrene is an active drug in metastatic breast cancer and show that activity is identical whether it is given by the S or the D × 5 schedule. Pharmacokinetic data have shown the drug has a 44-h terminal half-life. The long half-life and the absence of proven cardiotoxicity do not provide a rational basis for prolonged infusions [5, 18]. Although the initial studies suggested that patients were able to tolerate greater total doses of bisantrene when it was given in small amounts on a D × 5 schedule, this study showed that most patients required a subsequent reduction in dose because of severe granulocytopenia [23]. Conversely, most patients tolerated

mild dose escalation to 340 mg/m<sup>2</sup> when bisantrene was given by the S schedule. While a few patients in each arm received 13 courses, most patients received 2 or fewer courses, so they could not be evaluated for cumulative toxicity.

Of the 12 responding patients in this study, 4 had shown primary refractoriness and 5 had shown secondary resistance to doxorubicin. This was also noted by other investigators and suggests incomplete cross resistance to doxorubicin [20].

Subjective toxicities were minimal, although the severity of nausea and vomiting was somewhat greater in the S schedule. This was similar to our previous experience with doxorubicin given by a continuous infusion schedule, which produced significantly less nausea and vomiting than the bolus injection schedule [16]. More patients in the S arm experienced myalgias. Since the total dose of bisantrene was greater in the D × 5 arm, this may reflect schedule differences. Whether the incidence of grade 2–3 drug fever and myalgia reflects a schedule or a dose effect is impossible to determine. These effects occurred more often in the D × 5 arm, in which patients received a higher total dose per courses initially. Drug fever was observed in a minority of courses, but it was not dose- or schedule-dependent. A decrease in the blood pressure and an increase in the pulse rate occurred regularly, but these were not hemodynamically significant. No episodes of anaphylaxis occurred in this study — although that is a recognized, though infrequent, complication of bisantrene which occurs after multiple exposures without any other known predisposing factors [19]. The incidence of anaphylaxis is probably no higher than with other commonly used agents, particularly cisplatin [27]. With the current formulation of bisantrene, chemical phlebitis is a serious problem unless the drug is administered through a central venous catheter. Recently, some investigators have sought to exploit this as an advantage in regional therapy [13].

Despite the significant differences in the lowest recorded granulocyte counts between patients in each arm, there was no difference in the incidence of infectious complications during periods of neutropenia. This may be explained by the relatively rapid recovery of granulocyte counts, since the occurrence of infection has been shown to correlate with the duration of granulocytopenia [2, 8]. This suggests that bisantrene would be a useful drug in combination therapy.

The limited data in this study cannot illuminate the question of bisantrene cardiotoxicity. One patient with significant exposure to other cardiotoxic agents experienced congestive heart failure associated with a marked decrease in left ventricular EF that reversed with cessation of further bisantrene [3]. The initial experience with mitoxantrone, an anthraquinone that also appeared to have less potential for cardiotoxicity, has revealed potentiation of doxorubicin toxicity as well as direct cardiotoxicity in previously untreated patients [3, 12, 22].

Bisantrene is an active drug in metastatic breast cancer, which has incomplete cross-resistance to doxorubicin; there was no schedule dependency in this study.

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